|  |  |  |  |
| --- | --- | --- | --- |
| BRILLIANT BALL SKILLS/INVASION GAMES  The skills learnt during EYFS, Y1, Y2 and Y3 are put into practise in the context of invasion games in Y4 (football), Y5 (netball) and Y6 (tag rugby). Throughout EYFS, 1, 2 and 3, children should be aware that the skills learnt will give them the skillset to play different games further up the school. This gives their lessons a purpose. | Knowledge | Skills | Vocabulary |
| Foundation stage | Develop flexibility, strength, technique, control and balance:   * Use a selection of equipment to hit and move different sized balls * Move a ball around their body * Throw something to a target * Pat a large ball to make it bounce * Show control when handling equipment * Kick a range of objects to a target | | Gross motor  Balance  Strength  Co-ordination  Control |
| Year 1 | -Know and master basic sending and receiving techniques.  -Understand how to develop balance, agility and co-ordination  -Make use of co-ordination, accuracy and weight transfer  -How the skills learnt can be applied to a game | * Develop anticipation and reaction when working with bean bags or balls * Catch a ball or beanbag on a bounce * Catch a ball from a throw and develop accurate throwing skills * Develop accuracy of send and understand the overarm throwing technique * Stop, trap or catch the ball whilst on the move * Play a game, following the rules and demonstrating fair play * Control a ball using hands * Understand the correct technique for catching * Consolidate and practise throwing a ball underarm | Send, receive, underarm, overarm, throw, catch, receive, react, travel, receive, balance, weight, bounce, game, skills |
| Year 2 | -Understand the importance of hand eye co-ordination when controlling a ball  -Know how to catch different objects  - Know the difference between an underarm and overarm throw  - Understand techniques for dribbling | * Move a ball using hands and feet * Know how to catch different objects * Target the receiver’s hands when throwing * Watch the ball or object when trying to catch it * Know how to throw overarm, underarm and bounce pass * Understand techniques for passing and dribbling a football, with control * Pass with accuracy * Catch the ball at different heights * Move with the ball, using hands * Participate in sporting activities, understanding the rules and demonstrating good techniques and sportsmanship | Send, receive, control, react, target, underarm throw, overarm throw, bounce pass, dribble, trap, kick |
| Year 3 | -be aware of others when playing games.  -choose correct skills when meeting a challenge  -understand techniques for performing a range of actions  -know the correct technique for catching a ball  -identify skills, tactics and rules in a game | * Dribble a ball with greater control * Roll or throw a ball at a target with accuracy * Control movements and ball, with accuracy, when moving, throwing or catching it * Anticipate a ball and have hands ready to catch, stopping he ball without fumbling * Be ready to react quickly once the ball has been caught * Develop underarm and overarm throwing technique * Understand rules of games and apply tactic learnt | Awareness, tactics, defend, attack, position, movement,  control, ball control, catch, throw, prepared, ready, catch, gather, receive, clockwise, anti-clockwise. |
| Year 4 | -Know how to dribble a ball, change direction and maintain control  -understand the importance of staying in control of the ball  -know how to pass accurately  -learn concepts of attack and defence | \*the following skills are in the context of football\*   * Know how to dribble a ball, change direction and maintain control * Be able to run with the ball * Know how to pass the ball * Work as part of a team * Improve accuracy of passing by using a target * Learn how to receive a ball * learn what skills might be used to stop someone scoring * learn how to attack as part of a team * use skills and techniques learnt in previous lessons | Dribble, support play, attack, defend, passing, receiving, attacking and defending. |
| Year 5 | -understand the basic footwork rule of netball  -Know a range of netball passes  -understand how to make space by moving away and coming back and by dodging  - understand how to mark an opponent.  -To understand how to intercept a pass.  - understand the different positions in a netball team (five-a-side).  -recognise which positions are attacking and which are defending | \*the following skills are in the context of netball\*   * Learn and apply the footwork rule * Use a range of passes appropriately * Begin to use a variety of dodges to outwit opponents and get free to receive a pass * Apply a variety of defending skills in a game environment * Develop skills learnt in previous lessons: footwork, passing and receiving ball, moving to receive the ball, signalling for a pass, marking and defending * Take part in a full game of high 5 netball, playing in a range of positions | Footwork, land, step, pivot, pass, receive, push, point, chest pass, overhead pass, shoulder pass, bounce pass, dodging, non-contact, marking, signal, defend, marking, intercepting, motif, unison, canon, variation, break-it-down, sections, beats, collaboration, high 5 Netball, goal shooter (GS), goal attack (GA), centre (C), goal defence (GD), goal keeper (GK), positions, goal. |
| Year 6 | - understand the basic rules of tag rugby  -know how to work as a team  -know how to handle a rugby ball  -understand how previously learnt skills contribute towards successful tag rugby game play  -understand the importance of prior knowledge | \*the following skills are in the context of tag rugby\*   * Know how to tag * Practise ball handling skills * Improve spatial awareness * Practise moving into a space * Improve ball handling skills * Place a ball down as if scoring a try * Practise footwork and dodging skills while carrying the ball * Play as part of a team * Reinforce catching and tagging skills and apply them in a game * Use skills and tactics from previous lessons and apply them in a game | Tag, hop, skip, forfeit, try, dodging, handover, rules, competition, tournament |