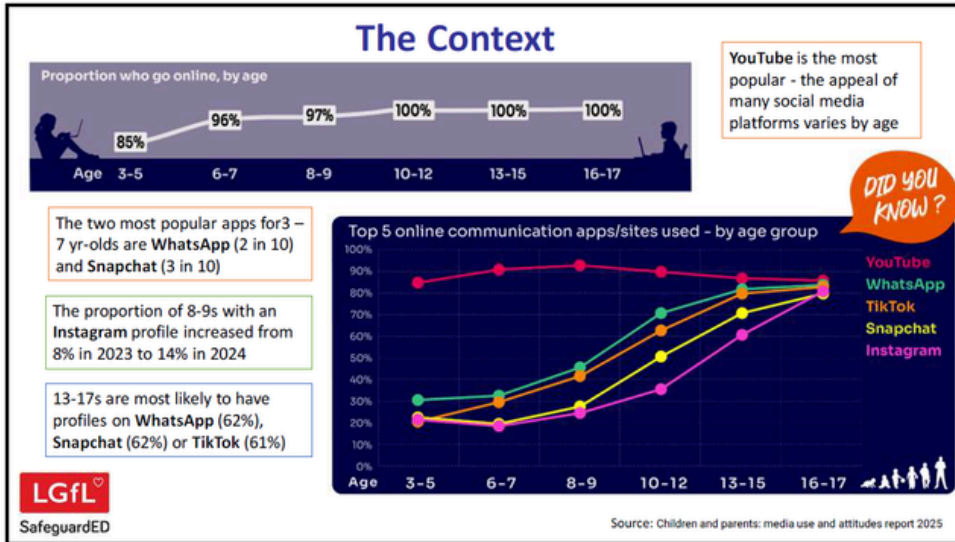


# LAWFORD CE PRIMARY SCHOOL NEWSLETTER

## Top Tips for parents



The annual report into use of media and attitudes has been published the detail is précised above. If you are looking for resources to support you and your children at home with a huge range of topics please visit [LGfL Parent safe](https://www.lgfl.org.uk/parent-safe).

## UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

### Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



### Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



### Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



### Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



### Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



### Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



### Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



### Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



## Dates for your diary

1st May - Non Pupil Day  
4th May - Bank Holiday  
6<sup>th</sup> May - Year 1/2 football festival  
8<sup>th</sup> May - Year 5/6 Boys' and Girls' Football tournament  
11<sup>th</sup> - 14<sup>th</sup> May - Year 6 SATS  
11<sup>th</sup> May - Y1/2 Fun Run  
18th - 22<sup>nd</sup> May - Year 6 Flour Babies  
19th May Y5/6 netball v Dedham  
22<sup>nd</sup> May - PTA Non-Uniform  
25th - 29<sup>th</sup> May - Half term  
1st June - 4H Pioneer trip  
4<sup>th</sup> June - 4B Pioneer trip  
5th June - Morning EYFS and KS1 Sports' Day  
10th June - Year 6 Harry Potter World trip  
12th June - KS2 Sports' Day (morning)  
EYFS trip to Transport Museum

Please name all loose items (including bags, lunch boxes and water bottles - class and child's name. Thank you

### Lunch Menu: Week 1 (new menu)

Don't forget to book in advance (before 23:59 on the day before), using the MCAS app.

If your child is absent, please cancel by 23:59 the day before. However, if illness occurs overnight, please add a comment to your report in 'Studybugs' so the office can cancel it for you.

## Hats and Suncream

The weather is definitely getting hotter and drier. Please remember to make sure that your child puts on suncream before they come to school and has their own labelled suncream in their bag to top it up. Please check that the sun cream does not contain nut oils.

Please also send your child in with a named hat and a water bottle.

## Litter Picking kits

The Eco Team have set up some litter picking sets that families are able to borrow over the weekends. There are 10 sets which are in the foyer outside the main office. There is a sign out sheet next to these sets. We ask that you sign these out and then sign them back in when they are returned (in full working order). All children should be supervised whilst using these kits.

We also ask that you weigh the rubbish that you collect so that we can keep track of how much we manage to collect as a community. There is a section on the sign out sheets to put this. There will be a prize at the end of each term for the family that has collected the most rubbish. Please send in pictures to Mrs Cemil and Mrs Aldridge of your litter picking and your total collection. If the sheet is not in the foyer please email the school office so they can forward the information to Mrs Cemil. Thank you to those who have already taken part.

## Golden Book

1S - For their understanding and exploration of doubles - Lucy and Phoebe M.

1LS - For their fantastic fraction work - Carmen, Oliver, Maisie, Isobel, Archie and George E

2Q - Reggie for his independent fraction work - finding parts of a whole

4B - for their excellent batting skills in cricket - Ava and Rose.

6 - For 100% in their arithmetic tests - Elijah, Immy R, Immy G, Tioma and Iona

Jacob for his excellent Macbeth story map and retelling of King Duncan's murder

### Achievers of the Week

RA	Arthur Pape
RC	Theo Gosling
1LS	Lois Thirkettle
1S	Florence Kenny
2D	Dylan George
2Q	Maddie Smith
3D	Zhana Milliard
3T	Sofia Kurpeikyte
4B	Austin Gee
4H	Hudson Mann
5	Ruby Graves
6	Adam Sweeney
MDA	Vinni Finch
Headteacher	Ivy Pearce

### TENDRING SHOW – SATURDAY 11<sup>TH</sup> JULY – FREE CHILD E-TICKET

As a thank you for the school exhibiting in the Celebration of Education Tent this year the Tendring Show are offering free child e-tickets for every child in our school. To claim your ticket(s), simply redeem this promotion code at the checkout of the online ticket page on their website

‘Super Early’ Saver tickets until 31<sup>st</sup> March.  
PROMOTION CODE: LAWFO

**Thank You!**

For the support given to the  
**PTA PRE LOVED UNIFORM SALE**  
Helping us to raise an amazing  
**£249.50**

A special thank you to a special parent who kindly gave her time to repair a number of clothing items making them as good as new.

Don't forget you can also buy **PRE LOVED UNIFORM** by using our **ORDER FORMS** available at the school office.

Reuse Rewear Raise Together!

**P Disabled parking only**

**DISABLED PARKING SPACES: RESERVED FOR THOSE WHO NEED THEM**

**Always Display Your Badge:**  
If you have a valid disabled badge, please ensure it's clearly visible when you park in the designated disabled spaces.

**No Badge, No Parking:**  
Parking in a disabled space without a valid badge is inconsiderate, selfish and illegal.

**Think before you park:**  
Is this space reserved for someone who needs it more?

Thank you for your cooperation. Let's keep disabled parking spaces available for those who truly need them.

# PTA updates

LAWFORD PRIMARY PTA

**FUNKY EASEL**  
Sip & Paint Nights

Come along to create a beautiful canvas painting of "Simple Serenity" to take home. No previous experience is necessary. All materials provided along with a FREE glass of bubbly. You're welcome to bring your own drinks & snacks, too.

🕒 Time 7-9pm (arrival from 6:45pm)  
📅 Friday 15<sup>th</sup> May 2026  
📍 The main hall



£42pp includes all materials/ equipment and a glass of bubbly / non-alcoholic alternative. Use the link attached to purchase your tickets!

ahnk you

Thank you to Mr and Mrs Partidge for running the quiz last Friday. It was a fun evening with plenty of friendly rivalry.

Look out for more information about teh KS1 magic Show and KS2 discos in June.

Lawford CofE Primary School

**SUMMER FAIR**

**SAVE THE DATE**

Saturday 4 July 2026  
11am - 2pm

Stalls and spaces are available for local businesses, clubs and charities. Email [lawfordcofepta@gmail.com](mailto:lawfordcofepta@gmail.com) or use the QR code for details.



The nurture cabin is to be installed over the May half term - thank you for all your generosity and support.



## Fundraising Wall - Lawford C of E Primary PTA

Fundraising Wall - Our FundingWall helps us raise awareness for our fundraising campaigns, organise events and thank our supporters. Lawford C of E Primary School website

FundingWall